

FOOD

BREAKFAST

YOGURT PARFAIT 9
GREEK YOGURT, HOUSE MADE GRANOLA,
MACERATED MIXED BERRIES

QUICHE SPINACH AND BRIE 8.50

QUICHE LORRAINE 8.50

PASTRIES

CROISSANT 2.50

CHOCOLATE CROISSANT 3

ALMOND CROISSANT 3

DANISH 3

APRICOT, CHEESE, PEAR

SALADS

BELUGA LENTIL SALAD(V)(GF) 10
BELUGA LENTILS, ARUGULA, WATERMELON
RADISHES, CARROTS, BELL PEPPERS,
GREEN ONION, MUSTARD DRESSING

GARBANZO BEANS SALAD(V)(GF) 10
GARBANZO BEANS, QUINOA, HEIRLOOM
TOMATOES, RED ONION, CUCUMBER,
RADISHES, OLIVE OIL AND LEMON JUICE
DRESSING

AVOCADO YUZU EGG SALAD 12
HARD BOILED EGGS, AVOCADO, YUZU,
LEEKs, CAPERS, JALAPEÑOS, CILANTRO,
BASIL OIL, TOAST

SOBA NOODLE SALAD 10
SOBA NOODLES, SHREDDED PURPLE
CABBAGE, CARROTS, CUCUMBER, CHOPPED
CILANTRO, SESAME GINGER DRESSING

GREEK SALAD(GF) 10
CUCUMBER, TOMATOES, RED BELL PEPPERS,
MIXED OLIVES, ARTICHOKE HEARTS, FETA,
DILL, SUMAC, RED WINE VINEGAR DRESSING

ADD ON
GRILLED CHICKEN +6
SALMON +7
SHRIMP +7

KIDS MENU

WITH SEASONAL FRUIT

GRILLED CHEESE 8

ALMOND BUTTER AND JELLY 8

SANDWICHES

WITH SEASONAL FRUIT OR SIDE SALAD

VEGGIE(V) 10

GRILLED YELLOW & GREEN ZUCCHINI,
ROASTED RED BELL PEPPER, SUN DRIED
TOMATOES, BABY KALE, HOUSE KETCHUP,
ZATAR, ON BAGUETTE

TURKEY 12

HOUSE ROASTED TURKEY, ASIAGO CHEESE,
ARUGULA, PICKED RED ONION, SRIRACHA
AIOLI, ON BAGUETTE

CLUB 12

SLOW ROASTED HAM, LAMB CHOPPER CHEESE,
PICKLES, BUTTER LETTUCE, TOMATOES,
MUSTARD, VEGAN PESTO, ON BRIOCHE

CAPRESE 12

FRESH MOZZARELLA, PROSCIUTTO,
TOMATOES, RED ONION, FRESH BASIL,
BALSAMIC AIOLI, ON BAGUETTE

LOX & BAGEL 12

SMOKED SALMON, YUZU CREAM CHEESE,
PICKLED RED ONION, TOMATOES, MICRO
GREENS, ON OPEN FACE BAGEL

1912 COMBO 14

1/2 SANDWICH, 1/2 SALAD
SEASONAL FRUIT, HOUSE KETCHUP,
HOUSE PICKLES

AVOCADO YUZU EGG SALAD +2



BEVERAGES

COFFEE & TEA

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| PLUNGE MORNING SPECIAL (M-F/6AM-8AM) | |
| REGULAR OR DECAF COFFEE | 1.50 |
| COFFEE | 3.50 |
| ESPRESSO | 3.50 |
| AMERICANO | 3.50 |
| MACCHIATO | 4 |
| CORTADO | 4 |
| CAPPUCCINO | 4.50 |
| LATTE | 5 |
| VANILLA LATTE | 5.25 |
| SALTED CARAMEL LATTE | 5.25 |
| ICED LATTE | 5 |
| ICED VANILLA LATTE | 5.25 |
| ICED SALTED CARAMEL LATTE | 5.25 |
| MOCHA | 6 |
| ICED MOCHA | 6 |
| HOT CHOCOLATE | 5 |
| COLD BREW | 5 |
| DRAFT LATTE (CANS) | 4.50 |

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| RED EYE WHITE LIPS 5.50 |
| STEAMED MILK, DOUBLE ESPRESSO, BREWED COFFEE |

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| THE ART OF TEA | 4.50 |
| EGYPTIAN CHAMOMILE, ENGLISH BREAKFAST, EARL GREY CRÈME, SENCHA GREEN, TALI'S MASALA CHAI, ITALIAN BLOOD ORANGE | |

REFRESHMENTS

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| LAAC BOTTLED WATER | 3.50 |
| LA CROIX | 3 |
| GATORADE | 3.50 |
| COCONUT WATER 100% ORGANIC | 4.50 |

JUICES

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| GREEN | 8 |
| PINEAPPLE OR APPLE, SPINACH, KALE, ROMAINE, CUCUMBER, CELERY, PARSLEY, GINGER, LEMON | |
| ORANGE | 8 |
| ORANGE, CARROT, GINGER, LEMON | |
| PURPLE | 8 |
| APPLE, BEET, CARROT, LEMON | |

SMOOTHIES

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| SIGNATURE SMOOTHIE | 10 |
| ALMOND MILK, BANANA, BLUEBERRY, GINGER, ALMOND BUTTER | |
| GREEN HONEY BUNCH | 10 |
| SPINACH, KALE, ROMAINE, CELERY, BANANA, GRANOLA, HONEY, DATES, ALMOND BUTTER, ALMOND MILK | |

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| REFRESH | 10 |
| STRAWBERRY, PINEAPPLE, BANANA, KALE, COCONUT WATER | |

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| PROTINI | 10 |
| ACAI, BANANA, BLUEBERRY, KALE, ALMOND BUTTER, ALMOND MILK | |

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| BANANA | 10 |
| ALMOND MILK, BANANA, DATES, GRANOLA | |

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| ADD ON | |
| WHEY PROTEIN ENHANCER | +2.50 |

WINE

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| SPARKLING | 14 |
| VINNY, FINGER LAKES, NEW YORK | |

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| ROSÉ | 14 |
| UNA LOU ROSE, SCRIBE WINERY, SONOMA, CALIFORNIA | |

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| CHARDONNAY | 15.50 |
| SPELLBOUND, NAPA, CALIFORNIA | |

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| PINOT NOIR | 16 |
| HEAD HIGH, SONOMA, CALIFORNIA | |

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| MALBEC | 15.50 |
| BODINI, MENDOZA, ARGENTINA | |

BEER

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| MODERN TIMES DRAFT | 8 |
| ICE PILSNER, LOS ANGELES, CALIFORNIA | |

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| GOLDEN ROAD | 7 |
| BAVARIAN-STYLE HEFEWEIZEN, LOS ANGELES, CALIFORNIA | |

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| STRAND BREWING CO. | 9 |
| BEACH HOUSE, AMBER ALE, TORRANCE, CALIFORNIA | |

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| PIMM'S CUP DRAFT COCKTAIL 14 |
| HOUSE MADE PIMM'S, GIN, ORANGE, LEMON, LIME, CUCUMBERS, MINT |

