

**FRESH8**

**EAT.DRINK.BE HAPPY.**

• MENU •

**FRESH8**  
EAT.DRINK.BE HAPPY.



MEMBER NAME.....

MEMBERSHIP NUMBER.....

DESIRED PICK-UP TIME.....

STEPS:

1. CIRCLE YOUR ORDER
2. GIVE THIS MENU TO FRESH8 STAFF
3. PICK-UP YOUR ORDER AT THE DESIRED TIME

## -SMALL ITEMS-

### AÇAÍ BOWL | 7

ORGANIC AÇAÍ, BLUEBERRY, BANANA, STRAWBERRY, GRANOLA, TOASTED COCONUT, HONEY

### GREEK YOGURT PARFAIT | 6

VANILLA GREEK YOGURT, MIXED BERRIES, GRANOLA, TOASTED COCONUT, HONEY

### SOUP DU JOUR | 5 INQUIRE WITH THE SERVER

### DAILY SELECTIONS: BOWL OF FRUIT | 5

### DAILY SELECTIONS: GLUTEN-FREE SWEET | 3.75

### BAG OF CHIPS | 2

## -SALADS-

**ADD ON: GRILLED CHICKEN | +4 • GRILLED SALMON FILET | +5**

### CITRUS | 7

ARUGULA, WHITE QUINOA, ORANGE, FETA, DRIED CRANBERRIES, SLICED ALMONDS, HONEY MUSTARD DRESSING

### CAPRESE | 7

ARUGULA, TOMATO, FRESH MOZZARELLA, PICKLED RED ONIONS, PESTO VINAIGRETTE AND BALSAMIC GLAZE

### TRUFFLE CAESAR | 7

KALE & ROMAINE MIX, BLACK QUINOA, ROASTED CHICKPEAS, PARMESAN CHEESE, TRUFFLE CAESAR DRESSING

### THAI QUINOA | 7

KALE, WHITE QUINOA, MIXED VEGGIES, CILANTRO, CASHEWS, DRIED CRANBERRIES, ALMOND-GINGER DRESSING

## -PANINIS-

**MAKE ANY PANINI A TORTILLA WRAP**

### CHICKEN-AVOCADO TORTILLA WRAP | 9

SPINACH, TOMATO, HAVARTI CHEESE, AVOCADO, JALAPENO, SPINACH TORTILLA

### SALMON | 9

GRILLED FILET OF SALMON, ARUGULA, PICKLED RED ONIONS, LEMON-CAPER GOAT CHEESE SPREAD

### STREET TACO | 9

YOUR CHOICE OF RIB-EYE OR GRILLED CHICKEN, WHITE ONION, CILANTRO, PICKLED RED ONIONS, GUACAMOLE

### VEGGIE | 7

MAKE ANY PANINI VEGETARIAN WITH GRILLED PORTOBELLO MUSHROOMS

### TURKEY | 8

ROASTED TURKEY, TOMATOES, BASIL-PARMESAN MAYO

### ROSEMARY CHICKEN | 8

GRILLED ROSEMARY CHICKEN BREAST, SPINACH, FETA, SUN-DRIED TOMATOES, BALSAMIC GLAZE

## -JUICE:

12oz | 6

16oz | 8

### GREEN

PINEAPPLE OR APPLE, SPINACH, KALE, ROMAINE, CUCUMBER, CELERY, PARSLEY, GINGER, LEMON

### ORANGE

ORANGE, CARROT, GINGER, LEMON

### PURPLE

APPLE, BEET, CARROT, LEMON

## -SMOOTHIES:

12oz | 7

16oz | 9

### PROTINI

AÇAÍ, BANANA, BLUEBERRY, KALE, ALMOND BUTTER, CHIA SEEDS, ALMOND MILK

### GREEN HONEY BUNCH

SPINACH, KALE, ROMAINE, CELERY, BANANA, GRANOLA, FLAX SEEDS, HONEY, DATES, ALMOND BUTTER AND ALMOND MILK

### REFRESH

STRAWBERRY, PINEAPPLE, WATERMELON, BANANA, KALE, COCONUT WATER

### BANANA

WITH ALMOND MILK  
ADD PINEAPPLE OR BLUEBERRY OR STRAWBERRY OR ORANGE  
ADD DATES AND GRANOLA

## -KIDS MENU-

**SERVED WITH A SIDE OF FRUIT**

### NUTELLA, STRAWBERRY, BANANA SANDWICH | 5

### GRILLED CHEESE | 4

**ADD ON: ROASTED TURKEY | +2.50 • GRILLED CHICKEN | +2.50**

### ALMOND BUTTER & JELLY | 4

## -OTHER DRINKS-

### ORGANIC 100% COCONUT WATER | 3

### STUMPTOWN COLD BREW COFFEE | 4.50

### LAAC BOTTLED WATER | 2.50

### GATORADE | 3

### ICED TEA OR LEMONADE | 2.50

### BOYLAN SODA'S | 2.50

COLA, DIET, GINGER ALE, ROOT BEER, CREME SODA, BLACK CHERRY

## -ALCOHOL-

### ANGEL CITY DRAFT BEER | 6

ANGEL CITY GOLDLINE PILSNER & ANGELENO IPA

### RED WINE: COTES DU RHONE RED BLEND | 6

### WHITE WINE: UNOAKED CHARDONNAY | 6